

**Year 7 Science Independent Learning Task Assignment**

**Name:** ..... **Form:** .....

**Issued:** Week beginning 31<sup>st</sup> January

**Final completion deadline:** 27<sup>th</sup> February

**Healthy Breakfasts**

Imagine you have been employed by the Food Standards Agency to investigate whether people eat a healthy breakfast. They would also like you to prepare some information for the public on the importance of starting the day with a healthy breakfast.

	Level	Assessment Criteria For this assignment you can <b>CHOOSE</b> to complete beginning <b>OR</b> developing <b>OR</b> secure/proficient.	Completed? Tick relevant column		
			Self	Peer	Teacher
<b>B</b>	B	Ask your friends and family what they normally eat for breakfast. Display your results in a simple table e.g. a tally chart.			
	B	Describe some of the things you found out e.g. what do most people have for breakfast? What was the least common thing eaten for breakfast?			
	B+	Draw a bar chart in the centre of a page showing the results of your breakfast survey. The diagram on the back of this sheet will help you.			
<b>D</b>	D	Produce a leaflet about the different food groups (e.g. carbohydrates) and name some breakfast foods that belong to each group.			
	D+	Add to your leaflet explanations about why each food group is important for the body.			
<b>S/P</b>	S	Find some adverts or labels for food products that try to persuade the public to buy them. How do they try to persuade the public that the product is worth buying? Do you think they present a balanced view? Are there any scientific facts?			
	P	Identify and explain how information about food products may be biased or misrepresented.			

**Learning Attributes:** **Self management** - being organised and meeting the project deadline. **Independent enquiry** - exploring questions about healthy diet and reaching conclusions.

<b>Teacher-assessed overall level:</b>	<b>Teacher comment:</b>
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